

# Emma



# Responds

Upon reading Budd Hopkins's statement I was shocked by the number of demonstrably untrue assertions that he made about me. Both Hopkins's and Dr. David Jacobs's comparable false accounts of how I contacted them appear calculated to portray me as obsessive and mentally unbalanced.

Now for the facts: I first contacted Hopkins by letter in March 2001. I spoke to him on the telephone the following year, and he told me that he liked my letter and asked if he could publish it in his newsletter without my name. I said he could, although I do not believe that he did.

In August 2002 I received two questionnaires from Hopkins in the mail that I filled out and returned to him. He told me that based on the results of the questionnaires it was likely that I was being "abducted" by "aliens".

In July 2002 my former therapist contacted Jacobs by email. Jacobs had a page on his website in which he said he provided information to therapists, and my therapist asked for information and advice in dealing with my case. Jacobs sent him some information by email, and I made contact with Jacobs myself shortly afterwards. He gave me his home telephone number,

and we communicated by telephone and email over the next couple of years.

My former therapist had previously suggested to me that I keep a record of my experiences, which I had been doing. I asked both Jacobs and Hopkins if I could send them sections of it for their feedback, and they both said that they would like me to. Jacobs told me that he was interested in it, and he gave me advice on events to record and ways to do so.

I did not send Jacobs or Hopkins any material in November 2004, as Jacobs later claimed. Instead, I sent both of them small sections of my record in April and December 2003. Jacobs told me that he was very interested in it, and he asked me to keep sending it to him, saying, "I will take as much of it as I can get."

In December 2004 Jacobs offered to conduct hypnosis with me over the telephone, and I became his research subject. A few months *after* Jacobs had already taken me on as his research subject, in March 2005 I sent him and Hopkins a large section of my research.

The material that I sent was not unsolicited at all. In fact, Jacobs told me that he wanted me to send it to him and that he

was looking forward to receiving it. Included in the material was a research project that I conducted in 2004 in which I collected physiological data such as my ovulation cycles, blood-glucose levels, the results of monthly pregnancy tests, and so on, to correlate with my experiences.

Although Hopkins describes it derogatively as “a mass of personal data including dates of her menstrual periods, times of her suspected abductions, photos of possible suspect abrasions, and on and on,” Jacobs himself suggested to me that I collect some of this data. In addition, he assisted me with collecting it and mailed me the pregnancy tests from America to use.

In 2006 Jacobs published some of this material on his own website. After I had responded to Jacobs’s untrue claims about how I contacted him and Hopkins, Jacobs unilaterally changed his story on his own website.

It seems that Hopkins, however, is unfazed by that fact that Jacobs has now done an about-face in his story and has continued to assert his false account of how I made contact with them.

Jacobs engaged in extensive leading and suggestion while conducting hypnosis with me. As a consequence, I confabulated what I now believe to be numerous false hypnotic memories. Gary Haden of the *Speculative Realms* blog has published a two-part analysis of Jacobs’s hypnosis with me, showing how Jacobs’s leading and suggestion apparently led to the creation of false memories in me that fit Jacobs’s theories. See <http://speculativerealms.blogspot.com/2010/09/multiple-personality-disorder-of-david.html> and <http://speculativerealms.blogspot.com/2010/10/counter-transferential-mirror-trance.html>.

Jacobs implanted hypnotic suggestions in my mind that I had multiple personality disorder. He claimed that he did this to protect himself primarily as a result of threats that he received on instant messenger written by hybrids using the computer of another research subject.

Jeremy Vaeni’s article details these events, and Gary Haden has published an additional analysis of them at <http://speculativerealms.blogspot.com/2011/01/girl-who-saved-her-own-life.html>. Jacobs’s actions constituted appalling psychological abuse of me as a research subject.

I invite the reader to compare what Jacobs actually did with Hopkins’s unbelievable whitewashed account of it here. In my opinion it speaks

volumes about Hopkins’s ethics in regard to the treatment of abductees as research subjects.

Hopkins says that “eventually he did extricate himself,” but in fact, I was the one who ended my association with Jacobs after he told me that he had received a warning from a hybrid on instant messenger saying that it was extremely dangerous to work with me since there were hybrids around me who were very concerned about security.

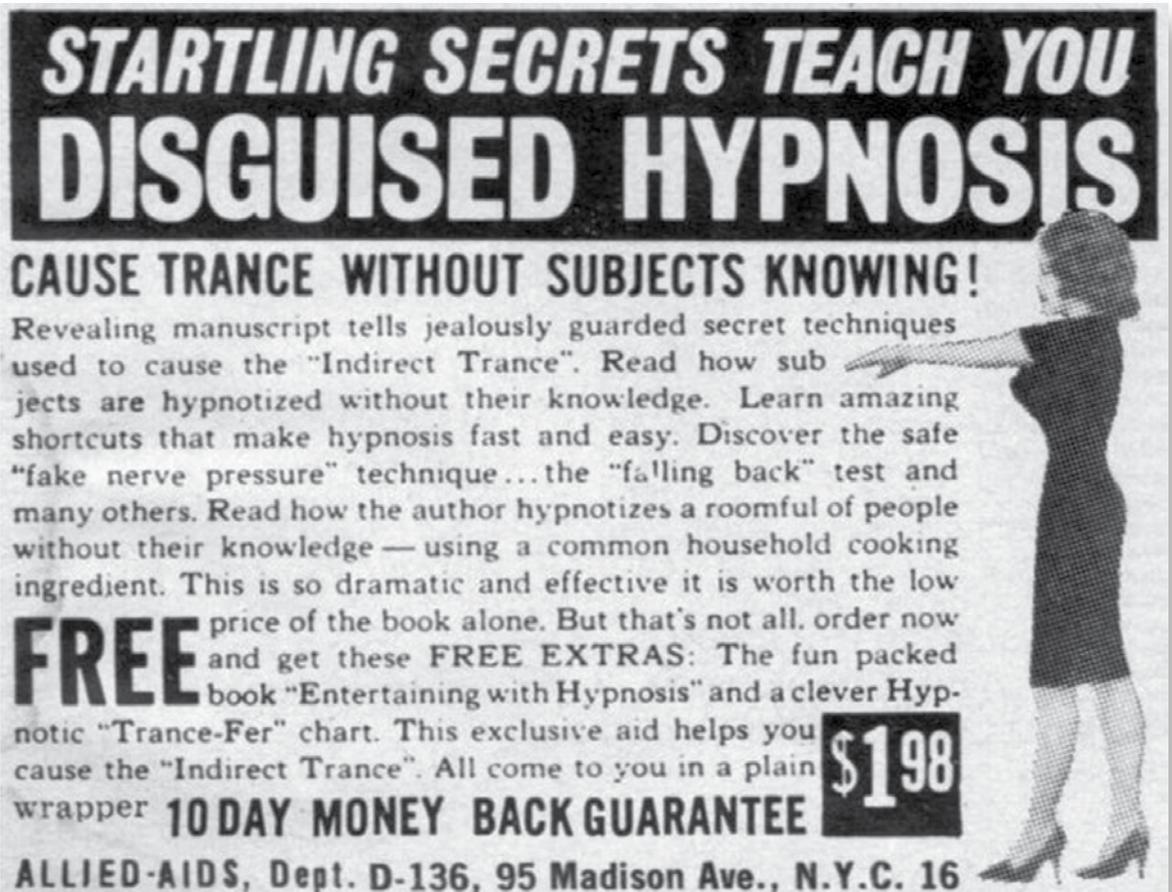
I have made public Jacobs’s serious psychological abuse of me as his research subject. I have done this primarily as a matter of public interest in order to try to prevent it from happening to anyone else.

Jacobs may not have met me in person, but he has seen photographs and videos of me, and he has conducted hours upon hours of hypnosis with me in which he has arguably implanted memories in me of being sexually assaulted and raped.

He also suggested to me under hypnosis that I wear a chastity belt with nails sticking across the vaginal opening that he would send to me ([www.ufoalienabductee.com/hypnosis-session-28-chastity-belt.mp3](http://www.ufoalienabductee.com/hypnosis-session-28-chastity-belt.mp3)). His request, while I was hypnotized, that I send him my unwashed underpants and not remember doing it was highly inappropriate.

Hopkins’s untrue claims in his statement shows, in my opinion, the extent to which he is prepared to go when covering up for Jacobs’s abuse of me as his research subject. It is very sad.

If anyone wishes to obtain copies of my communications with Hopkins and Jacobs and the audio recordings from my hypnosis sessions that substantiate what I have said here, they can contact me by email: [emma@ufoalienabductee.com](mailto:emma@ufoalienabductee.com). My website is [www.ufoalienabductee.com](http://www.ufoalienabductee.com). UFO



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